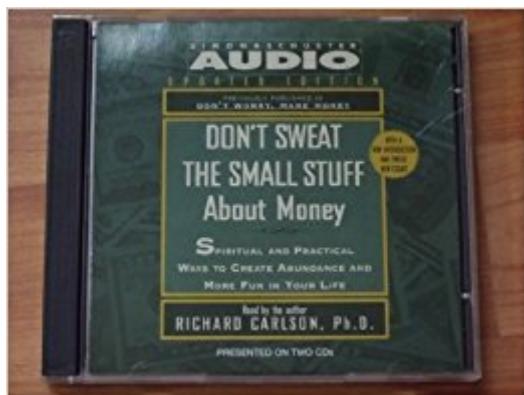


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# Dont Sweat The Small Stuff About Money: Spiritual And Practical Ways To Create Abundance And More Fun In Your Life



## **Synopsis**

Previously published as *Don't Worry, Make Money*, a number one national bestseller, *Don't Sweat The Small Stuff About Money* is revised and updated to join Richard Carlson, Ph.d.'s phenomenal don't sweat series. With twelve brand-new essays and a new introduction by the author, this audiobook shows us how to: Learn more about the relationship between moods and money Be aware of what you don't know, and what you're not good at Spend the bulk of your time on the "critical inch" of your business Avoid giving away your power Replete with fascinating ideas and new concepts for everyone from businesspeople to those who manage the money in their households. *Don't Sweat The Small Stuff About Money* reveals how to live a life that's more wealthy, productive, and carefree.

## **Book Information**

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## **Customer Reviews**

Richard Carlson, Ph.d. is the author of the bestselling books *Don't Sweat The Small Stuff*, *Don't Sweat The Small Stuff With Your Family*, *Don't Sweat The Small Stuff At Work*, *Don't Sweat The Small Stuff For Teens*, and coauthor of *Don't Sweat The Small Stuff In Love*. He is a frequent guest on many national television and radio programs, and lectures to many enthusiastic audiences around the country and internationally. recently he was featured on PBS in a special about his "don't sweat" philosophy.

Originally published as **DON'T WORRY, MAKE MONEY**, this is Dr. Carlson's wisdom about life applied to managing money. And like most good books about living wisely, it's based on the

principles of developing humility, generosity, moderation, mindfulness, compassion for others, and a perspective on what's important. Set inner goals first, he says, and try to have at least one financially successful person to serve as a mentor. Stressed about money? No problem. Lock in some positive expectations and stop worrying about past mistakes. Carlson is a great writer and speaker, a very likeable guy, so practically anyone will be able to connect with his ideas and start working toward abundance. T.W. © AudioFile 2001, Portland, Maine-- Copyright © AudioFile, Portland, Maine

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